

Note : Internal Assessment is not Applicable for the B.A. courses offered by Department of Distance Education, Punjabi University, Patiala.

B.A. PART-III: Psychology (According to Rusa Guidelines)

Session 2021-22, 2022-23 and 2023-24

ਰੈਗੂਲਰ ਵਿਦਿਆਰਥੀਆਂ ਲਈ : ਬੀ.ਏ. ਭਾਗ ਤੀਜਾ (ਸਮੈਸਟਰ ਪੰਜਵਾਂ ਅਤੇ ਛੇਵਾਂ) ਲਈ ਪੇਪਰਾਂ ਦੇ ਅੰਕਾਂ ਦੀ ਵੰਡ ਦਾ ਵੇਰਵਾ

ਸਮੈਸਟਰ ਪੰਜਵਾਂ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ : 50 ਅੰਕ

ਅੰਦਰੂਨੀ ਪ੍ਰੀਖਿਆ : 20 ਅੰਕ

ਅੰਦਰੂਨੀ ਅੰਕਾਂ ਦੀ ਵੰਡ ਨਿਮਨ ਲਿਖਤ ਅਨੁਸਾਰ ਹੋਵੇਗੀ :-

ਕੁੱਲ ਅੰਕ : 20

ਲਿਖਤੀ ਪੇਪਰ : 10 ਅੰਕ

ਲਿਖਤੀ ਅਸਾਈਨਮੈਂਟ : 5 ਅੰਕ

ਅਟੈਂਡੈਂਸ : 5 ਅੰਕ

ਸਮੈਸਟਰ ਛੇਵਾਂ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ : 50 ਅੰਕ

ਅੰਦਰੂਨੀ ਪ੍ਰੀਖਿਆ : 20 ਅੰਕ

ਅੰਦਰੂਨੀ ਅੰਕਾਂ ਦੀ ਵੰਡ ਨਿਮਨ ਲਿਖਤ ਅਨੁਸਾਰ ਹੋਵੇਗੀ :-

ਕੁੱਲ ਅੰਕ : 20

ਲਿਖਤੀ ਪੇਪਰ : 10 ਅੰਕ

ਲਿਖਤੀ ਅਸਾਈਨਮੈਂਟ : 5 ਅੰਕ

ਅਟੈਂਡੈਂਸ : 5 ਅੰਕ

ਡਿਸਟੈਂਸ ਐਜੂਕੇਸ਼ਨ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ : ਬੀ.ਏ. ਭਾਗ ਤੀਜਾ (ਸਮੈਸਟਰ ਪੰਜਵਾਂ ਅਤੇ ਛੇਵਾਂ) ਲਈ ਪੇਪਰਾਂ ਦੇ ਅੰਕਾਂ ਦੀ ਵੰਡ ਦਾ ਵੇਰਵਾ:

ਸਮੈਸਟਰ ਪੰਜਵਾਂ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਥਿਊਰੀ ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ 70 ਅੰਕ

ਸਮੈਸਟਰ ਛੇਵਾਂ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਥਿਊਰੀ ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ 70 ਅੰਕ

SYLLABUS (PSYCHOLOGY)
B.A. PART-III (Semester V)
Session 2021-22, 2022-23 and 2023-24

Psychopathology- A

For Regular and Distance Education Students
Max. Marks: 50

For Distance Education Students
Max. Marks: 70

Time Allowed: 3 hours
Pass Marks: 35% of the subject
Lectures to be delivered: 6 periods per week
(For Regular Students)

INSTRUCTIONS FOR THE PAPER-SETTER

For Regular and Distance Education Students: The question paper will consist of three sections: A, B and C. Sections A and B will have four questions from the respective sections of the syllabus and will carry 8 marks each. Section C will consist of 9 short answer type questions which will cover the entire syllabus uniformly and will carry 18 marks in all. Each short answer type question will carry 2 marks. The candidates are required to answer each short type question in 50 words i.e. in 5-7 lines.

For Distance Education Students: The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8½ marks. Section C is compulsory, and shall comprise nine short answer type questions carrying 4 marks each. The short type answer should be written in approximately 25-30 words..

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt two questions each from the sections A and B and the entire section C. The candidates are required to answer each short type question in 50 words i.e. in 5-7 lines. Each short answer type question will carry 2 marks.

SECTION-A

- (i) Introduction to Psychopathology: The concept of normality and abnormality; Psychological models of Psychopathology: Psychodynamic, Behavioural, Cognitive-Behavioural and Existential; Classification System: DSM (Recent version)
- (ii) Causes of Psychopathology: Biological, Psycho-social and Socio-cultural.

SECTION-B

- (i) Stress: Causes; GAS Model.
Psychosomatic Disorders: Ulcers, Hypertension, Asthma; Their Etiology and Treatment.
- (ii) Correlation: Nature and Characteristic, Types (Rank Order and Product Moment); t-test (independent and related groups).
Note: The use of Non-Programmable Calculators and Statistical Tables are allowed in the examination.

REFERENCES

1. Carson, R.C., Butcher, J.N., & Mineka, S. (1996). *Abnormal Psychology and Modern Life*. New York: Harper Collins.
2. Davison, G.C., & Neale, J.M. (1998). *Abnormal Psychology*. New York: John Wiley & Sons.
3. Garrett, H.E. (1996). *Statistics in Psychology and Education*. New Delhi: Vakils Feffer and Simons.
4. Guilford, J.P., & Fruchter, B. (1981). *Fundamental Statistics in Psychology and Education*. Singapore: McGraw Hill.
5. Sarason, I.G., & Sarason, B.R. (1996). *Abnormal Psychology*. New Delhi: Prentice Hall of India.
6. Singh, A. (1994). *Asadharan Manovigyan*. Publication Bureau, Punjabi University.

B.A. PART-III (Semester V)
Session 2021-22, 2022-23 and 2023-24
For Regular and Distance Education Students

PRACTICALS

Max. Marks: 30

No. of Periods: 3 per week

Pass Marks: 11

Time allowed: 3 hours

INSTRUCTIONS FOR THE PRACTICAL EXAMINATION

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce relating to the practical given for performance..

No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

For practical examination, one group of students will not comprise of more than 20 students at a time.

INSTRUCTIONS FOR THE CANDIDATES

Practical examination will be of 30 marks and of three hours duration. Practical examination will be held by one external examiner.

Evaluation will be based on actual performance, write up & practical file of the candidate.

Break up of marks :-

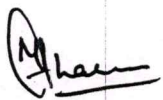
Performance : 10 marks


Viva voce : 10 marks

Practical file : 05 marks

Report based on observation of TV shows to analyse the image of Child, Social System, Women, Relationships : 05 marks

- 1 Stress
- 2 T.A.T.
- 3 GHQ
4. Adjustment Inventory
5. Locus of Control







SYLLABUS (PSYCHOLOGY)
B.A. PART-III (Semester VI)
Session 2021-22, 2022-23 and 2023-24
Psychopathology- B

For Regular and Distance Education Students
Max. Marks: 50

For Distance Education Students
Max. Marks: 70

Time Allowed: 3 hours
Pass Marks: 35% of the subject
Lectures to be delivered: 6 periods per week
(For Regular Students)

INSTRUCTIONS FOR THE PAPER-SETTER

For Regular and Distance Education Students: The question paper will consist of three sections: A, B and C. Sections A and B will have four questions from the respective sections of the syllabus and will carry 8 marks each. Section C will consist of 9 short answer type questions which will cover the entire syllabus uniformly and will carry 18 marks in all. Each short answer type question will carry 2 marks. The candidates are required to answer each short type question in 50 words i.e. in 5-7 lines.

For Distance Education Students: The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8½ marks. Section C is compulsory, and shall comprise nine short answer type questions carrying 4 marks each. The short type answer should be written in approximately 25-30 words..

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt two questions each from the sections A and B and the entire section C. The candidates are required to answer each short type question in 50 words i.e. in 5-7 lines. Each short answer type question will carry 2 marks.

SECTION-A

- (i) Borderline Personality Disorder
Anxiety-Based Disorders; Conversion Disorders; Dissociative Disorders; Their Symptoms and Etiology.
- (ii) Schizophrenia: Types, Symptoms and Etiology.
Mood Disorders: Types, Symptoms and Etiology.

SECTION-B

- (i) Substance Abuse: Causes and Types, Alcohol, Opium, Amphetamines.
- (ii) Psychotherapies: Psychodynamic, Behavioural, Cognitive-behavioural, Humanistic, Mindfulness and Yoga

REFERENCES

1. Carson, R.C., Butcher, J.N., & Mineka, S. (1996). *Abnormal Psychology and Modern Life*. New York: Harper Collins.
2. Davison, G.C., & Neale, J.M. (1998). *Abnormal Psychology*. New York: John Wiley & Sons.
3. Sarason, I.G., & Sarason, B.R. (1996). *Abnormal Psychology*. New Delhi: Prentice Hall of India.
4. Singh, A. (1994). *Asadhara Manovigyan*. Publication Bureau: Punjabi University.



B.A. PART-III (Semester VI)
Session 2021-22, 2022-23 and 2023-24
For Regular and Distance Education Students

PRACTICALS

Max. Marks: 30

No. of Periods: 3 per week

Pass Marks: 11

Time allowed: 3 hours

INSTRUCTIONS FOR THE PRACTICAL EXAMINATION

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce relating to the practical given for performance..

No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

For practical examination, one group of students will not comprise of more than 20 students at a time.

INSTRUCTIONS FOR THE CANDIDATES

Practical examination will be of 30 marks and of three hours duration. Practical examination will be held by one external examiner.

Evaluation will be based on actual performance, write up ,practical file of the candidate and a report based on clinical case by the candidate.

Break up of marks :-

Performance 10 marks

Viva voce 5marks

Practical file 5 marks

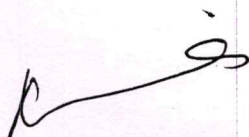
Case study 5 marks

report writing of a clinical case: 5 marks

1. Personality (16PF, MMPI)
2. Interview Schedule/Case Study
3. Word Association Test
4. Depression Inventory
5. Test of Anxiety.







SYLLABUS (PSYCHOLOGY HONOURS)
B.A. PART-III (Semester V)
Session 2021-22,2022-23and 2023-24

DEVELOPMENTAL PSYCHOLOGY

Total Marks: 100 (Theory paper 75 marks
Internal Assessment 25 Marks)

Lectures to be delivered: : 6 periods per week

Pass marks: 35% in Theory

Time Allowed: 3 hours

INSTRUCTIONS FOR PAPER-SETTER

The question paper will consist of three sections: A,B and C. Sections A and B will have four questions from the respective sections of the syllabus and will carry 12 marks each. Section C will consist of 9 short answer type questions which will cover the entire syllabus uniformly and will carry 27 marks in all. Each short answer type question will carry 3 marks. The candidates are required to answer each short type question in 50 words i.e. in 7-8 lines.

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt two questions each from the sections A and B and the entire section C. The candidates are required to answer each short type question in 50 words i.e. in 7-8 lines. Each short answer type question will carry 3 marks.

SECTION-A

- (i) Concept, Principles and Issues in Development, Factors affecting Development (Biological, Psychological and Social); Principles of Heredity.
- (ii) Prenatal Period and Infancy: Stages and Hazards. Characteristics of Infancy (Physical, Perceptual and Emotional).

SECTION-B

- (i) Babyhood and Childhood.
Babyhood-Characteristics, Physical Development, Language Development, Emotional Development, Social Development.
Childhood: Characteristics-Physical Development, Emotional Development, Cognitive Development, Social Development, Moral Development.
- (ii) Adolescence: Characteristics, Physical Development, Emotional Patterns, Cognitive, Social and Moral Development.

REFERENCES

1. Hertherington, E., & Mavis (1997). *Child Psychology: A Contemporary View Point*. New Delhi: Mc Graw Hill.
2. Berk, L.E. (2004). *The Developing Child*. New Delhi: Pearson Education.
3. Craig, G.J. (1996). *Human Development*. N.J: Prentice Hall.
4. Hurlock, E.B. (1968). *Developmental Psychology*. New York: McGraw Hill.
5. Moshman, D., Glover, J., & Nruning, R.H. (1987). *Developmental Psychology*. Boston: Little Brown and Company.
6. Mussen, P.H., Cogner, J.J., Kagan, J., & Huston, A.C. (1984). *Child Developmental and Personality*. New York: Haper& Row Publisher.

INTERNAL ASSESSMENT OF 25 MARKS IN THEORY PAPER

2 Tests (Average Marks)	:	10 Marks
Attendance	:	5 Marks
Assignment/Project/ Seminar	:	10 Marks



SYLLABUS (PSYCHOLOGY HONOURS)
B.A. PART-III (Semester VI)
Session 2021-22,2022-23and 2023-24

GUIDANCE AND COUNSELLING (Option I)

Total Marks: 100 (Theory paper 75 marks Lectures to be delivered: : 6 periods per week
(Internal Assessment 25 Marks) Pass marks : 35% in
Theory Time Allowed: 3 hours

INSTRUCTIONS FOR PAPER-SETTER

The question paper will consist of three sections: A,B and C. Sections A and B will have four questions from the respective sections of the syllabus and will carry 12 marks each. Section C will consist of 9 short answer type questions which will cover the entire syllabus uniformly and will carry 27 marks in all. Each short answer type question will carry 3 marks. The candidates are required to answer each short type question in 50 words i.e. in 7-8 lines.

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt two questions each from the sections A and B and the entire section C. The candidates are required to answer each short type question in 50 words i.e. in 7-8 lines. Each short answer type question will carry 3 marks.

SECTION-A

- (i) Guidance and Counselling: Historical Antecedents, Concept, Goals. Counselling in the Indian Context.
- (ii) Techniques for Appraisal of Students : Testing-Intelligence, Achievement, Interest, Aptitude, Adjustment, Personality.
Non-Testing : Case History Method, Anecdotal Records, Interview, Observation. .

SECTION-B

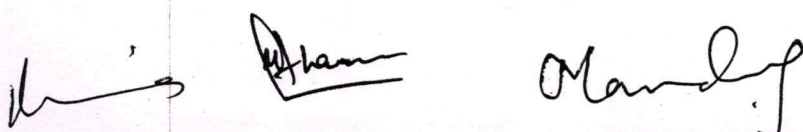
- (i) Approaches to Counselling : Directive, non-Directive, Eclectic.
- (ii) Areas of Counselling: School, Vocational, Marital and Family Counselling.

REFERENCES

1. Rao, N.S. (1993). *Counselling and Guidance*. Delhi : Tata McGraw Hill Publishing Co.
2. Baruth, L.G., & Robinson, E.H. (1987). *An Introduction to the Counselling Profession*. N.J. : Prentice Hall.
3. Kochar, S.K. *Educational and Vocational Guidance in Secondary Schools*. Sterling Publishers Pvt. Ltd.
4. Gibson, R.L. (1998). *Introduction to Counselling and Guidance*. NJ: Prentice Hall.
5. Gladding, S.T. (1996). *Counselling-A Comprehensive Profession*. NJ: Prentice-Hall.
6. Kivra,A.*Guidance and Counselling*. New Delhi: Pearson Publication

INTERNAL ASSESSMENT OF 25 MARKS IN THEORY PAPER

2 Tests (Average Marks)	:	10 Marks
Attendance	:	5 Marks
Assignment/Project/ Seminar	:	10 Marks



SYLLABUS (PSYCHOLOGY HONOURS)

B.A. PART-III (Semester VI)

Session 2021-22,2022-23and 2023-24

EXPERIMENTAL DESIGNS (Option II)

Total Marks: 100 (Theory paper 75 marks

Lectures to be delivered: : 6 periods per week

Internal Assessment 25 Marks)

Pass marks: 35% in Theory

Time Allowed: 3 hours

INSTRUCTIONS FOR PAPER-SETTER

The question paper will consist of three sections: A,B and C. Sections A and B will have four questions from the respective sections of the syllabus and will carry 12 marks each. Section C will consist of 9 short answer type questions which will cover the entire syllabus uniformly and will carry 27 marks in all. Each short answer type question will carry 3 marks. The candidates are required to answer each short type question in 50 words i.e. in 7-8 lines.

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt two questions each from the sections A and B and the entire section C. The candidates are required to answer each short type question in 50 words i.e. in 7-8 lines. Each short answer type question will carry 3 marks.

SECTION-A

- (i) Methods of Experimental Control. Experimental Designs: Need, Characteristics of Good Design.Types of Experimental Designs (Between, Within and Single Subject Designs).
- (ii) Concept of Variance, Assumptions. Computation of One-Way ANOVA (equal and unequal samples) and Randomized Group Designs.

SECTION-B

- (i) Randomized Block Design: Nature (Single Subject and Multiple Subjects in each cell).
- (ii) Factorial Designs: Two-Way ANOVA (Equal Samples).

REFERENCES

1. Broota, K.D. (1989). *Experimental Designs in Behavioural Research*. New Delhi: Wiley Eastern Limited.
2. Edwards, A.L. (1971). *Experimental Designs in Psychological Research*. Amerind Publishing Co.
3. McGuigan, F.J. (1990). *Experimental Psychology: Methods of Research*. New Delhi: Prentice Hall of India.
4. Kerlinger, F.N., & Lee, H.B. (2000). *Foundations of Behavioural Research*. New Delhi:Surjeet Publications.

INTERNAL ASSESSMENT OF 25 MARKS IN THEORY PAPER

2 Tests (Average Marks)	:	10 Marks
Attendance	:	5 Marks
Assignment/Project/ Seminar	:	10 Marks

