

Note : Internal Assessment is not Applicable for the B.A. courses offered by Department of Distance Education, Punjabi University, Patiala.

B.A. PART-I: Psychology (According to Rusa Guidelines)

Session 2021-22, 2022-23 and 2023-24

ਰੈਗੂਲਰ ਵਿਦਿਆਰਥੀਆਂ ਲਈ : ਬੀ.ਏ. ਭਾਗ ਪਹਿਲਾ (ਸਮੈਸਟਰ ਪਹਿਲਾ ਅਤੇ ਦੂਜਾ) ਲਈ ਪੇਪਰਾਂ ਦੇ ਅੰਕਾਂ ਦੀ ਵੰਡ ਦਾ ਵੇਰਵਾ

ਸਮੈਸਟਰ ਪਹਿਲਾ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ : 50 ਅੰਕ

ਅੰਦਰੂਨੀ ਪ੍ਰੀਖਿਆ : 20 ਅੰਕ

ਅੰਦਰੂਨੀ ਅੰਕਾਂ ਦੀ ਵੰਡ ਨਿਮਨ ਲਿਖਤ ਅਨੁਸਾਰ ਹੋਵੇਗੀ :-

ਕੁੱਲ ਅੰਕ : 20

ਲਿਖਤੀ ਪੇਪਰ : 10 ਅੰਕ

ਲਿਖਤੀ ਅਸਾਈਨਮੈਂਟ : 5 ਅੰਕ

ਅਟੈਂਡੈਂਸ : 5 ਅੰਕ

ਸਮੈਸਟਰ ਦੂਜਾ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ : 50 ਅੰਕ

ਅੰਦਰੂਨੀ ਪ੍ਰੀਖਿਆ : 20 ਅੰਕ

ਅੰਦਰੂਨੀ ਅੰਕਾਂ ਦੀ ਵੰਡ ਨਿਮਨ ਲਿਖਤ ਅਨੁਸਾਰ ਹੋਵੇਗੀ :-

ਕੁੱਲ ਅੰਕ : 20

ਲਿਖਤੀ ਪੇਪਰ : 10 ਅੰਕ

ਲਿਖਤੀ ਅਸਾਈਨਮੈਂਟ : 5 ਅੰਕ

ਅਟੈਂਡੈਂਸ : 5 ਅੰਕ

ਡਿਸਟੈਂਸ ਐਜੂਕੇਸ਼ਨ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ : ਬੀ.ਏ. ਭਾਗ ਪਹਿਲਾ (ਸਮੈਸਟਰ ਪਹਿਲਾ ਅਤੇ ਦੂਜਾ) ਲਈ ਪੇਪਰਾਂ ਦੇ ਅੰਕਾਂ ਦੀ ਵੰਡ ਦਾ ਵੇਰਵਾ:

ਸਮੈਸਟਰ ਪਹਿਲਾ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ 70 ਅੰਕ

ਸਮੈਸਟਰ ਦੂਜਾ : ਕੁੱਲ ਅੰਕ : 100 (ਥਿਊਰੀ ਅੰਕ : 70, ਪ੍ਰੈਕਟੀਕਲ ਅੰਕ : 30)

ਅੰਕਾਂ ਦੀ ਵੰਡ : ਬਾਹਰੀ ਪ੍ਰੀਖਿਆ 70 ਅੰਕ







SYLLABUS (PSYCHOLOGY)

B.A. PART-I: Semester I

(For Regular and Distance Education students)

Session 2021-22, 2022-23 and 2023-24

THEORY PAPER: GENERAL PSYCHOLOGY-A

For Regular Students

Max. Marks: 50

For Distance Education Students

Max. Marks: 70

Time Allowed: 3 hours

Pass Marks: 35% of the subject

Lectures to be delivered: 6 per week

(For Regular Students)

INSTRUCTIONS FOR THE PAPER-SETTER

For Regular Students: The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8 marks. Section C is compulsory, and shall comprise nine short answer type questions carrying 2 marks each. The short type answer should be written in approximately 25-30 words.

For Distance Education Students: The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8½ marks. Section C is compulsory, and shall comprise nine short answer type questions carrying 4 marks each. The short type answer should be written in approximately 25-30 words.

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt one question from each subpart of both the sections A & B of the question paper and the entire section C. The short type answer should be written in approximately 30 words i.e. 3-4 lines.

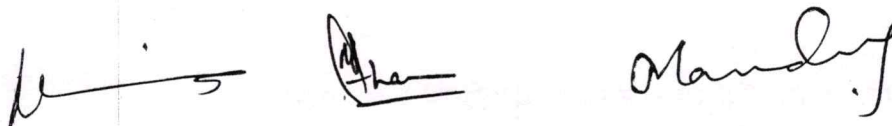
SECTION A

- (i) Introduction to Psychology; Approaches: Biological and Evolutionary, Psychodynamic, Behaviourist, Cognitive, Humanistic; Nature and Scope; Methods of Psychology: Observation, Case Study, Experimental Method, Survey.
- (ii) Learning: Nature, Determinants; Trial and Error method; Gestalt Approach: Max Wertheimer and Wolfgang Kohler.

SECTION B

- (i) Personality: Nature, Biological and Socio-Cultural Factors; Theories: Freud, Allport, Cattell, Eysenck; Assessment of Personality.
- (ii) Statistics: Measures of Central Tendency (Mean, Median, Mode) and Variability (Range, Average Deviation, Quartile Deviation, Standard Deviation). Graphical Representation of Data: Histogram, frequency polygon and ogive.

Note: Use of Non-Programmable Calculators and Statistical Tables allowed.



TEXT BOOKS

1. Benjamin, Jr. L.T., Hopkings. J.R., & Nation, J.R. (1987). *Psychology*. New York: Macmillan Publishing Co.
2. Crooks, R.L., & Strin, J. (1988). *Psychology: Science, Behaviour and Life*. New York: Rinehart and Winston, Inc.
3. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (1986). *Introduction to Psychology*. New York: McGraw Hill Book Co.
4. Baron. R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
5. Hurlock, E.B. (1968). *Developmental Psychology*. NY: McGraw Hill Book Company.
6. Fieldman, R.S. (1996). *Understanding Psychology*. New Delhi: Tata McGraw Hill.
7. Garrett, H. (1996). *Statistics in Psychology and Education*. Bombay: Vakils, Feffer and Simons.

SUPPLEMENTARY READING

1. Ráthus, S.A. (1981). *Psychology*. New York: Holt, Rinehart and Winston.



PRACTICALS
(For Regular and Distance Education students)
B.A. PART-I: Semester I
Session 2018-19, 2019-20 and 2020-21

Max. Marks: 30

Total No. of Periods: 3 per week

Pass Marks: 11

Time allowed: 3 hours

INSTRUCTIONS FOR THE PRACTICAL EXAMINATION

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce relating to the practical given for performance..

No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

For practical examination, one group of students will not comprise of more than 20 students at a time.

INSTRUCTIONS FOR THE CANDIDATES

Practical examination will be of 30 marks and of three hours duration. Practical examination will be held by one external examiner.

Evaluation will be based on actual performance, write up, practical file of the candidate and a diary or journal on self-awareness.

Break up of marks :-

Performance : 10 marks

Viva voce : 10 marks

Practical file : 5 marks

Diary (Self-awareness): 5 marks

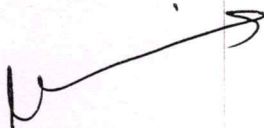
Following Practicals have to be performed

Semester I

1. Personality Inventory (EPI)
2. Sentence Completion Test
3. Transfer of learning
4. Maze Learning
5. Survey







SYLLABUS (PSYCHOLOGY)
B.A. PART-I: Semester II
(For Regular and Distance Education students)
Session 2021-22, 2022-23 and 2023-24
THEORY PAPER: GENERAL PSYCHOLOGY-B

For Regular Students

Max. Marks: 50

Time Allowed: 3 hours

Pass Marks: 35% of the subject

Lectures to be delivered: 6 per week

(For Regular Students)

For Distance Education Students

Max. Marks: 70

INSTRUCTIONS FOR THE PAPER-SETTER

For Regular students: The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8 marks. Section C is compulsory, and shall comprise nine short answer type questions carrying 2 marks each. The short type answer should be written in approximately 25-30 words.

For Distance Education students: The question paper will consist of three sections A, B and C. Syllabus of each section (i.e. A&B) will have two subparts. Examiner will set two questions from Section A (each question having internal choice covering both parts of syllabus of section A) and two questions from section B (each question having internal choice covering the entire syllabus of section B). Each question will carry 8½ marks. Section C is compulsory, and shall comprise nine short answer type questions carrying 4 marks each. The short type answer should be written in approximately 25-30 words.

INSTRUCTIONS FOR THE CANDIDATES

Candidates are required to attempt one question from each subpart of both the sections A & B of the question paper and the entire section C. The short type answer should be written in approximately 50 words i.e. 7-8 lines.

SECTION A

- (i) Biological foundations of Behaviour: Nervous System: Central Nervous System :Structure and Functions of Brain and Peripheral Nervous System. Endocrine System and its Functions.
- (ii) Intelligence: Nature, Types and Determinants; Theories: Spearman, Guilford & Thurstone; Types of intelligence tests: Verbal, Non-verbal & Performance.

SECTION B

- (i) Motivation: Concept, Types of Motives; Factors influencing motivation.
Theories: Murray, Maslow, McClelland,
- (ii) Emotions: Concept, Development, Effect of Culture on Emotional Expression.
Theories-James-Lange, Cannon-Bard; Physiological Correlates of Emotions.

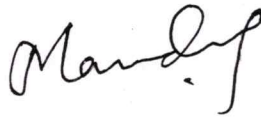
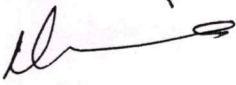
TEXT BOOKS

1. Baron. R.A. (1996). *Psychology*. New Delhi: Prentice Hall of India.
2. Benjamin, Jr. L.T., Hopkings, J.R., & Nation, J.R. (1987). *Psychology*. New York: Macmillan Publishing Co.
3. Chaplin., J.R., & Kraweic, T.S. (1986). *System and Theories of Psychology*. New York: Holt, Rinehart and Winston, Inc.

4. Crooks, R.L., & Strin, J. (1988). *Psychology: Science, Behaviour and Life*. New York: Holt, Rinehart and Winston.
5. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (1986). *Introduction of Psychology*. New York: McGraw Hill Book Co.
6. Pandey, J., Sinha, D., & Bhawak, D.P.S. (1996). *Asian Contributions to Cross-cultural Psychology*. New Delhi: Sage Publications.

SUPPLEMENTARY READING

1. Freeman, F.S. (1962). *Psychological Testing* (3rd Ed.). New Delhi: Oxford and IBH Publishing Co.
2. Hall, C.S., Lindzey, G., & Campbell, J.B. (1998). *Theories of Personality*. New York: John Wiley & Sons.



PRACTICALS
(For Regular and Distance Education students)
B.A. PART-I: Semester II
Session 2018-19, 2019-20 and 2020-21

Max. Marks: 30

Total No. of Periods: 3per week

Pass Marks: 10

Time allowed : 3 hours

INSTRUCTIONS FOR THE PRACTICAL EXAMINATION

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce relating to the practical given for performance..

No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

For practical examination, one group of students will not comprise of more than 20 students at a time.

INSTRUCTIONS FOR THE CANDIDATES

Practical examination will be of 30 marks and of three hours duration. Practical examination will be held by one external examiner.

Evaluation will be based on actual performance, write up, practical file of the candidate and a report on analysis of favorite TV show/serial.

Break up of marks :-

Performance : 10 marks

Viva voce : 10 marks

Practical file ; 5 marks

Analysis of favorite TV show/ serial 5 marks

Following Practicals have to be performed

Semester II

1. Non-Verbal Test of Intelligence
2. Performance Test of Intelligence
3. Facial Expressions in Emotions
4. Level of Aspiration
5. Measurement of Motivation

